A good sword and a trusty hand, a merry heart and true, King James's men will understand what Cornish men can do. And have they fixed the where and when? Here's twenty thousand Cornish men will know the reason why. And shall Trelawny live, or shall Trelawny die? Here's twenty thousand Cornish men will know the reason why.

Out spake their Captain brave and bold:
A merry wight was he:
"If London Tower were Michael's hold,
We'll set Trelawny free!
We'll cross the Tamar, land to land,
The Severn is no stay:
With 'one and all', and hand in hand,
And who shall bid us nay?"

Chorus

"And when we come to London Wall,
A pleasant sight to view,
Come forth! come forth ye cowards all,
Here's men as good as you!
Trelawny he's in keep and hold:
Trelawny he may die:
But twenty thousand Cornish bold
Will know the reason why!"

Chorus

Repeat last Chorus then go to coda